

Flowsheet for Patients with Gestational Diabetes

Patient's Name _____ Date of Birth _____ Provider _____

VWC Fax Numbers: St. Mary's – 804.282.2601 • Henrico Doctors' – 804.288.3567 • Memorial Regional – 804.559.2046 • Kilmarnock – 804.433.2392

FAX READINGS WEEKLY OR BRING THIS TO YOUR NEXT OFFICE VISIT

Date	Fasting		1 hour after breakfast		1 hour after lunch		1 hour after dinner		Bedtime or extra reading		Comments
	Glucose Value	Glyburide or insulin	Glucose Value	Glyburide or insulin	Glucose Value	Glyburide or insulin	Glucose Value	Glyburide or insulin	Glucose Value	Glyburide or insulin	
▼											Foods or exercise that may have affected blood sugar reading

Fasting Blood SugarLess than 90
 1 hour after meal.....Less than 130
 2 hours after meal.....Less than 120



VIRGINIA WOMEN'S CENTER
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